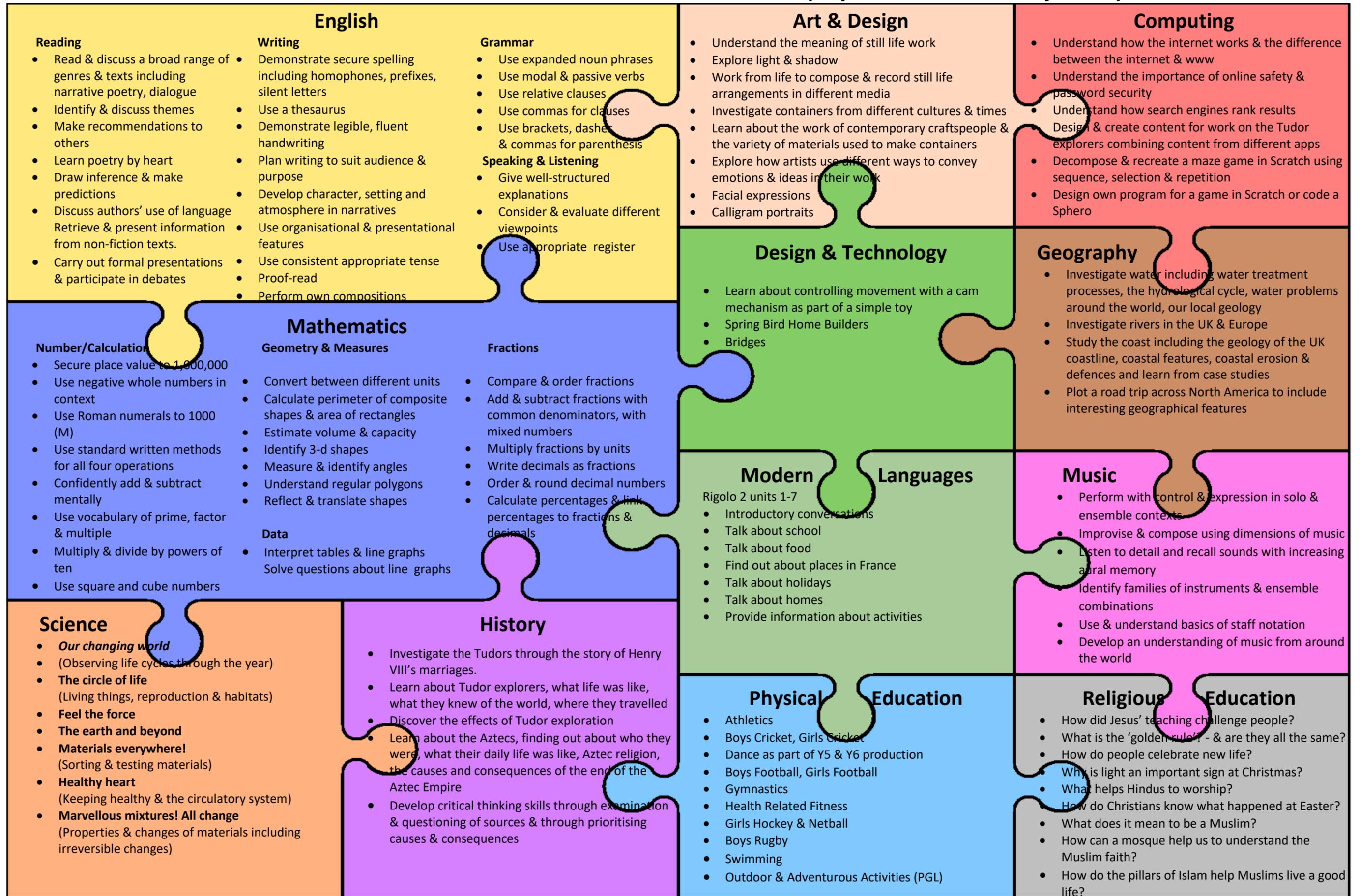


# Micklefield School Curriculum Overview for Year 5 (September 2020- July 2021)



## Micklefield School Personal, Social, Health and Economic education (PSHE) Overview for Year 5

Year 5 PSHE		
<p style="text-align: center;"><b>Social and Emotional Aspects of Learning (SEAL) themes</b></p> <p>These whole school themes focus on five social and emotional aspects of learning: self-awareness, managing feelings, motivation, empathy and social skills. Aspects of each of the SEAL themes are included within the PSHE topics for each year group.</p> <ul style="list-style-type: none"> <li>•New beginnings</li> <li>•Getting on and falling out / Say no to bullying</li> <li>•Going for goals!</li> <li>•Good to be me</li> <li>•Relationships</li> <li>•Changes</li> </ul>	<p style="text-align: center;"><b>No Outsiders – Everyone Welcome at Micklefield</b></p> <ul style="list-style-type: none"> <li>•Teaching children to respect and accept difference and diversity</li> <li>•Using the Equality Act 2010 (British Law) as a solid foundation</li> <li>•Preparing children for life in Modern Britain and the future</li> <li>•Teaching British Values and linking them in with our special Micklefield Values</li> </ul>	
<p><b>Living in the Wider World</b></p> <p>Citizenship and Culture Economic and Financial Wellbeing</p>	<p><b>Relationships</b></p> <p>Healthy Relationships Feelings and Emotions</p>	<p><b>Health and Wellbeing</b></p> <p>Keeping Healthy Staying Safe</p>
<p>Including learning:</p> <ul style="list-style-type: none"> <li>*about our global community and the varied institutions that support communities locally</li> <li>*about racism and extremism and how we can respond to it</li> <li>*about human rights and children’s rights</li> <li>*about different kinds of responsibilities, rights and duties</li> <li>*that different cultures can have different practices and traditions and that these may sometimes be illegal</li> <li>*how finance plays an important part in people’s lives and to become a critical consumer</li> </ul>	<p>Including learning:</p> <ul style="list-style-type: none"> <li>*about words that help to describe the range and intensity of their feelings to others</li> <li>*about what constitutes a positive, healthy relationship</li> <li>*about how our actions can affect ourselves and others</li> <li>*about challenging stereotypes</li> <li>*about discrimination, teasing, bullying and aggressive behaviour and its effect on others</li> <li>*about puberty and body changes</li> <li>*about human reproduction in the context of the human lifecycle</li> </ul>	<p>Including learning:</p> <ul style="list-style-type: none"> <li>*about the choices your pupils can make about their health and wellbeing and what influences their choices</li> <li>*about goal setting and the importance of having high aspirations</li> <li>*how to help others feel valued</li> <li>*how to get support if they have fears for themselves or their peers</li> <li>*about abuse and the right to protect oneself from inappropriate and unwanted contact</li> <li>*about legal and illegal drugs</li> <li>*about keeping safe, risks, pressure and effects</li> </ul>