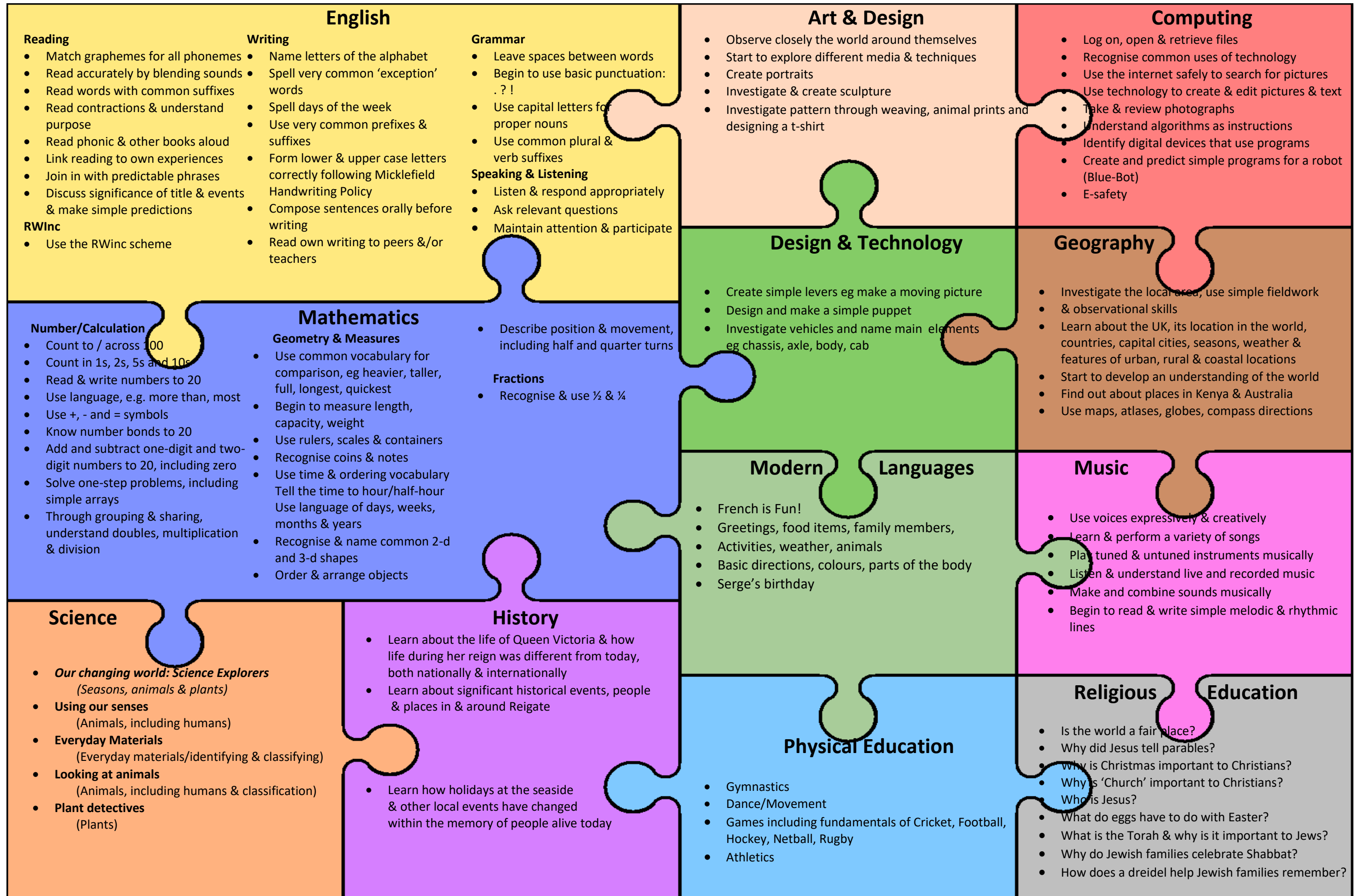


Micklefield School Curriculum Overview for Year 1 (September 2020 - July 2021)



Micklefield School Personal, Social, Health & Economic education (PSHE) Overview for Year 1

Year 1 PSHE		
<p>Social and Emotional Aspects of Learning (SEAL) themes These whole school themes focus on five social and emotional aspects of learning: self-awareness, managing feelings, motivation, empathy and social skills. Aspects of each of the SEAL themes are included within the PSHE topics for each year group.</p> <ul style="list-style-type: none"> •New beginnings •Getting on and falling out / Say no to bullying •Going for goals! •Good to be me •Relationships •Changes 	<p>No Outsiders – Everyone Welcome at Micklefield</p> <ul style="list-style-type: none"> •Teaching children to respect and accept difference and diversity •Using the Equality Act 2010 (British Law) as a solid foundation •Preparing children for life in Modern Britain and the future •Teaching British Values and linking them in with our special Micklefield Values 	
<p>Living in the Wider World Citizenship and Culture Economic and Financial Wellbeing</p>	<p>Relationships Healthy Relationships Feelings and Emotions</p>	<p>Health and Wellbeing Keeping Healthy Staying Safe</p>
<p>Including learning: *about differences and similarities between people *about special people and special places *how to contribute to the life of the classroom including group and class rules – about right and wrong *about the role of money in their lives</p>	<p>Including learning: *to talk about feelings and develop communication skills *about what fair/unfair and kind/unkind means *about what makes them unique *about keeping safe *about growing and changing *the correct names for the main parts of the body *about similarities and differences between boys and girls</p>	<p>Including learning: *about keeping healthy (physical activity, sleep, rest, healthy food) *about personal hygiene *about different ways of keeping physically and emotionally safe *how to set simple goals</p>