



MICKLEFIELD SCHOOL

W/Comm 18/03/2019	Monday	Tuesday	Wednesday	Thursday	Friday
The Meaty Main Event	Tomato & vegetable pasta bake	Beef chilli con carne	Breaded fillet of fish	Lemon & sage roasted loin of pork with apple sauce	1/4 pound beef burger
Veggie Exciting	Gluten free Vegetable pasta bake	Vegetable stir fry	Leek & mushroom risotto	Lentil & spinach roast	Five bean & vegetable burger
On the Side	Garlic bread Sweetcorn Mixed salad	Rice Tortilla chips Green beans Cauliflower	Boiled potatoes Garden peas Baked beans	Roast potatoes Carrots Broccoli florets	Baked beans Peas & sweetcorn Chips
Truly Scrumptious	Beetroot brownie	Apple & sultana flapjack	Toffee sundae	Peach & raspberry crumble with custard	Choc & orange cupcakes

**A fresh selection of salads are available from the salad table
A daily selection of fruit pots, homemade yoghurt pots with daily fillings, jellies and dessert pots**