



MICKLEFIELD SCHOOL

W/Comm 11/03/2019	Monday	Tuesday	Wednesday	Thursday	Friday
The Meaty Main Event	Butchers sausages with red onion gravy	Chicken, spinach & lentil lasagne	Savoury minced beef	Roast turkey & stuffing	Fish finger baps with tartare sauce
Veggie Exciting	Vegetarian sausages with onion gravy	Chick pea & mixed bean pasta	Mushroom & broccoli stroganoff	Spinach & lentil loaf	Vegan burgers
On the Side	Colcannon mash, Peas Roasted root vegetables	Garlic bread Sweetcorn courgettes	Vegetable rice Green beans Cauliflower	Roast potatoes Glazed carrots Brussel sprouts	Baked beans Mixed salad Wedges
Truly Scrumptious	Apple & strawberry sponge	Fruits of the forest cheesecake	Pear & chocolate sponge with chocolate custard	Yogurt & apple pots with honey	Vanilla & cherry cupcakes

A fresh selection of salads are available from the salad table

A daily selection of fruit pots, homemade yoghurt pots with daily fillings, jellies and dessert pots