



MICKLEFIELD SCHOOL

W/Comm 07/01/2019	Monday	Tuesday	Wednesday	Thursday	Friday
The Meaty Main Event	Inset day	'Pasta Bar' Beef bolognaise	Fisherman's pie	Maple glazed loin of pork	Chicken fillet burger
Veggie Exciting		Mixed bean & vegetable ragu	Courgette tomato & aubergine bake	Sweet potato & five bean chilli	Vegetable burger
On the Side		Garlic bread Spaghetti Peas Cauliflower	Herby Mash Green beans Sweetcorn	Roast potatoes Spring greens Glazed carrots	Chips Baked beans Peas
Truly Scrumptious		Seeded flapjack	Banana & Choc chip sponge with custard	Apple & blackberry crumble	Fresh fruit salad

**A fresh selection of salads are available from the salad table
A daily selection of fruit pots, homemade yoghurt pots with daily fillings, jellies and dessert pots**