



# MICKLEFIELD SCHOOL

W/Comm 13/09/2021	Monday	Tuesday	Wednesday	Thursday	Friday 'Burger bar'
<b>The Meaty Main Event</b>	Chicken spinach & chickpea curry.	Pork sausages with onion gravy	Macaroni cheese bake	Roasted loin of pork with apple sauce	Chicken burger in a bun with various toppings
<b>Veggie Exciting</b>	Sweet potato falafel with a yogurt dip	Vegetable sausages with onion gravy	Penne pasta with a tomato & basil sauce	Roasted cauliflower wedge topped with toasted seeds and herbs	Vegetable burger in a bun with various toppings
<b>On the Side</b>	Rice Roast curried cauliflower Green beans	Mashed potato Carrots Broccoli florets	Garlic bread Sweetcorn Tomato & cucumber salad	Roasted potatoes Savoy cabbage Carrots	Baked beans Sweetcorn
<b>Truly Scrumptious</b>	Carrot cake	Lemon meringue fool	Seeded flapjack	Fresh fruit pots	Chocolate cupcakes
<b>Light tea offer</b>	Cheese sandwich	Ham sandwich	Egg salad sandwich	Jam sandwich	Chicken mayo sandwich

**Each day there will be a choice of homemade desserts.**

**The 'Light tea offer' must be pre ordered weekly. Option A is published as above - Option B will be a plain cheese sandwich.**

**Also included is a savoury and sweet snack and a drink.**