



# MICKLEFIELD SCHOOL

W/Comm 25/09/2021	Monday 'Apple Day'	Tuesday	Wednesday	Thursday	Friday
<b>The Meaty Main Event</b>	Chicken thighs with a Mexican tomato sauce	Beef lasagna	Hoi sin chicken	Roast gammon with cranberry sauce & gravy	Cod fish fingers
<b>Veggie Exciting</b>	Spinach potato & pea frittata	Penne pasta with a tomato & basil sauce	Roasted root vegetable risotto	Vegetable roti cake	Falafel burger
<b>On the Side</b>	Tortilla chips Sweetcorn Broccoli	Dough balls Garden peas Coleslaw	Green beans & beansprouts Sesame roasted cauliflower	Roast potatoes Carrots Green beans	Oven chips Baked beans Peas
<b>Truly Scrumptious</b>	Apple sponge with toffee sauce	Raspberry cheesecake	Pear & ginger sponge with custard	Fresh fruit pots	Iced sponge cake
<b>Light tea offer</b>	Ham & tomato sandwich	Jam sandwich	Chicken sandwich	Tuna salad sandwich	Cheese sandwich

**Each day there will be a choice of homemade desserts.**

**The 'Light tea offer' must be pre ordered weekly. Option A is published as above - Option B will be a plain cheese sandwich.**

**Also included is a savoury and sweet snack and a drink.**