



MICKLEFIELD SCHOOL

W/Comm 06/09/2021	Monday	Tuesday 'Pasta bar'	Wednesday	Thursday	Friday
The Meaty Main Event	Beef chili con carne	Penne pasta with homemade pesto, tomato or cheese sauce	Roasted chicken thighs with gravy	Pork meatballs with a rich tomato sauce	Breaded fillet of fish
Veggie Exciting	Mushroom & spinach risotto	Penne pasta with homemade pesto, tomato or cheese sauce	Roasted butternut squash topped with seeds	Veggie meatballs with a rich tomato sauce	Vegetable spring rolls
On the Side	Steamed rice Broccoli florets Carrot & cucumber salad	Doughballs Peas & sweetcorn	Roasted potatoes Carrot & swede Savoy cabbage	Cous cous Cauliflower florets Sweetcorn	Oven chips Baked beans Garden peas
Truly Scrumptious	Jam & coconut sponge	Fruits of the forest fool	Various fresh fruit pots	Chocolate brownie	Lemon drizzle cupcakes
Light tea offer	Egg mayo sandwich	Ham salad sandwich	Jam sandwich	Cheese & tomato sandwich	Tuna & cucumber sandwich

Each day there will be a choice of homemade desserts.

The 'Light tea offer' must be pre ordered weekly. Option A is published as above - Option B will be a plain cheese sandwich.

Also included is a savoury and sweet snack and a drink.