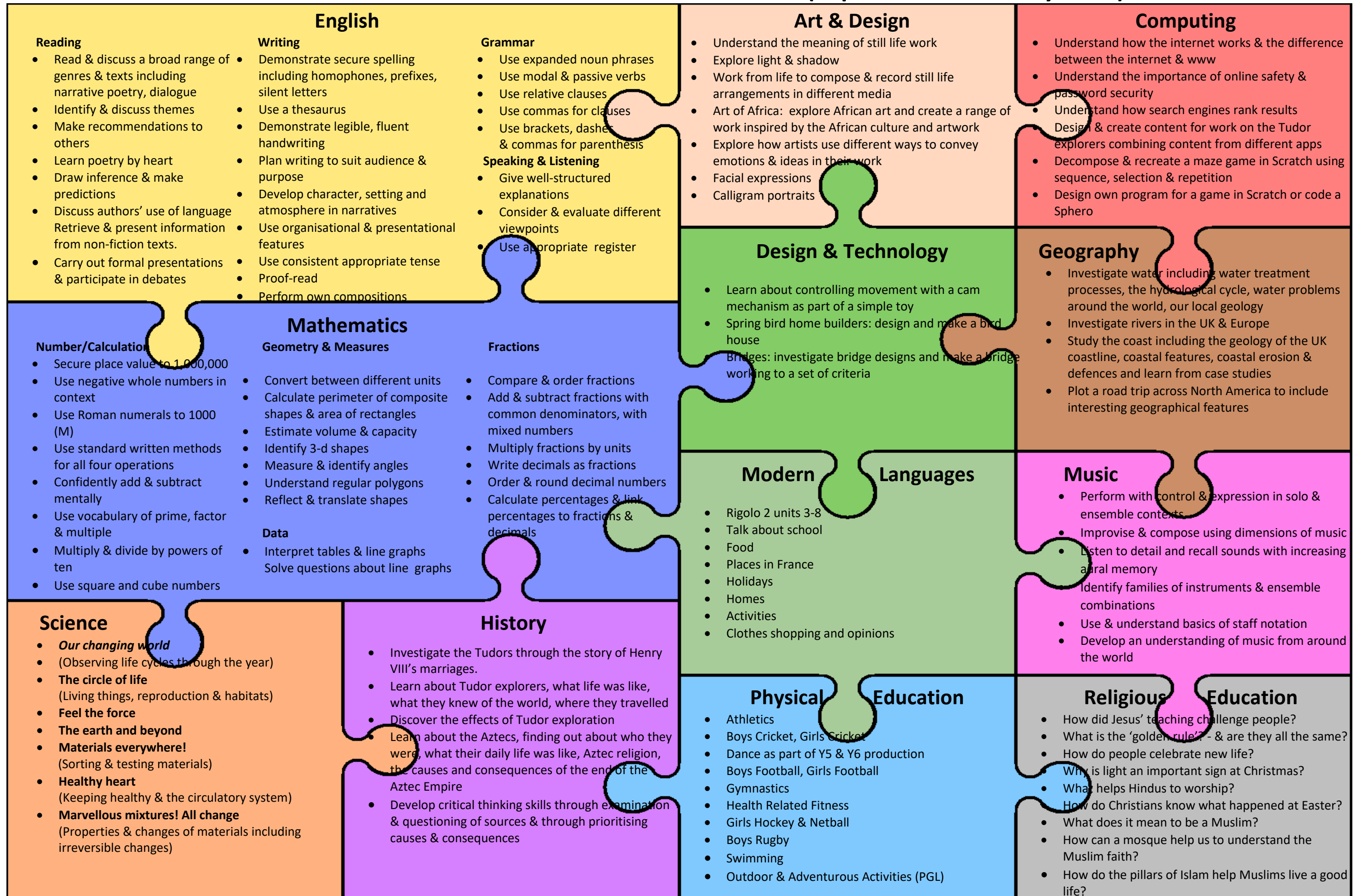


Micklefield School Curriculum Overview for Year 5 (September 2021- July 2022)



Micklefield School Personal, Social, Health and Economic education (PSHE) Overview for Year 5

Year 5 PSHE		
<p style="text-align: center;">Social and Emotional Aspects of Learning (SEAL) themes</p> <p>These whole school themes focus on five social and emotional aspects of learning: self-awareness, managing feelings, motivation, empathy and social skills. Aspects of each of the SEAL themes are included within the PSHE topics for each year group.</p> <ul style="list-style-type: none"> •New beginnings •Getting on and falling out / Say no to bullying •Going for goals! •Good to be me •Relationships •Changes 	<p style="text-align: center;">No Outsiders – Everyone Welcome at Micklefield</p> <ul style="list-style-type: none"> •Teaching children to respect and accept difference and diversity •Using the Equality Act 2010 (British Law) as a solid foundation •Preparing children for life in Modern Britain and the future •Teaching British Values and linking them in with our special Micklefield Values 	
Living in the Wider World Citizenship and Culture Economic and Financial Wellbeing	Relationships Healthy Relationships Feelings and Emotions	Health and Wellbeing Keeping Healthy Staying Safe
<p>Including learning:</p> <ul style="list-style-type: none"> *about our global community and the varied institutions that support communities locally *about racism and extremism and how we can respond to it *about human rights and children’s rights *about different kinds of responsibilities, rights and duties *that different cultures can have different practices and traditions and that these may sometimes be illegal *how finance plays an important part in people’s lives and to become a critical consumer 	<p>Including learning:</p> <ul style="list-style-type: none"> *about words that help to describe the range and intensity of their feelings to others *about what constitutes a positive, healthy relationship *about how our actions can affect ourselves and others *about challenging stereotypes *about discrimination, teasing, bullying and aggressive behaviour and its effect on others *about puberty and body changes *about human reproduction in the context of the human lifecycle 	<p>Including learning:</p> <ul style="list-style-type: none"> *about the choices your pupils can make about their health and wellbeing and what influences their choices *about goal setting and the importance of having high aspirations *how to help others feel valued *how to get support if they have fears for themselves or their peers *about abuse and the right to protect oneself from inappropriate and unwanted contact *about legal and illegal drugs *about keeping safe, risks, pressure and effects