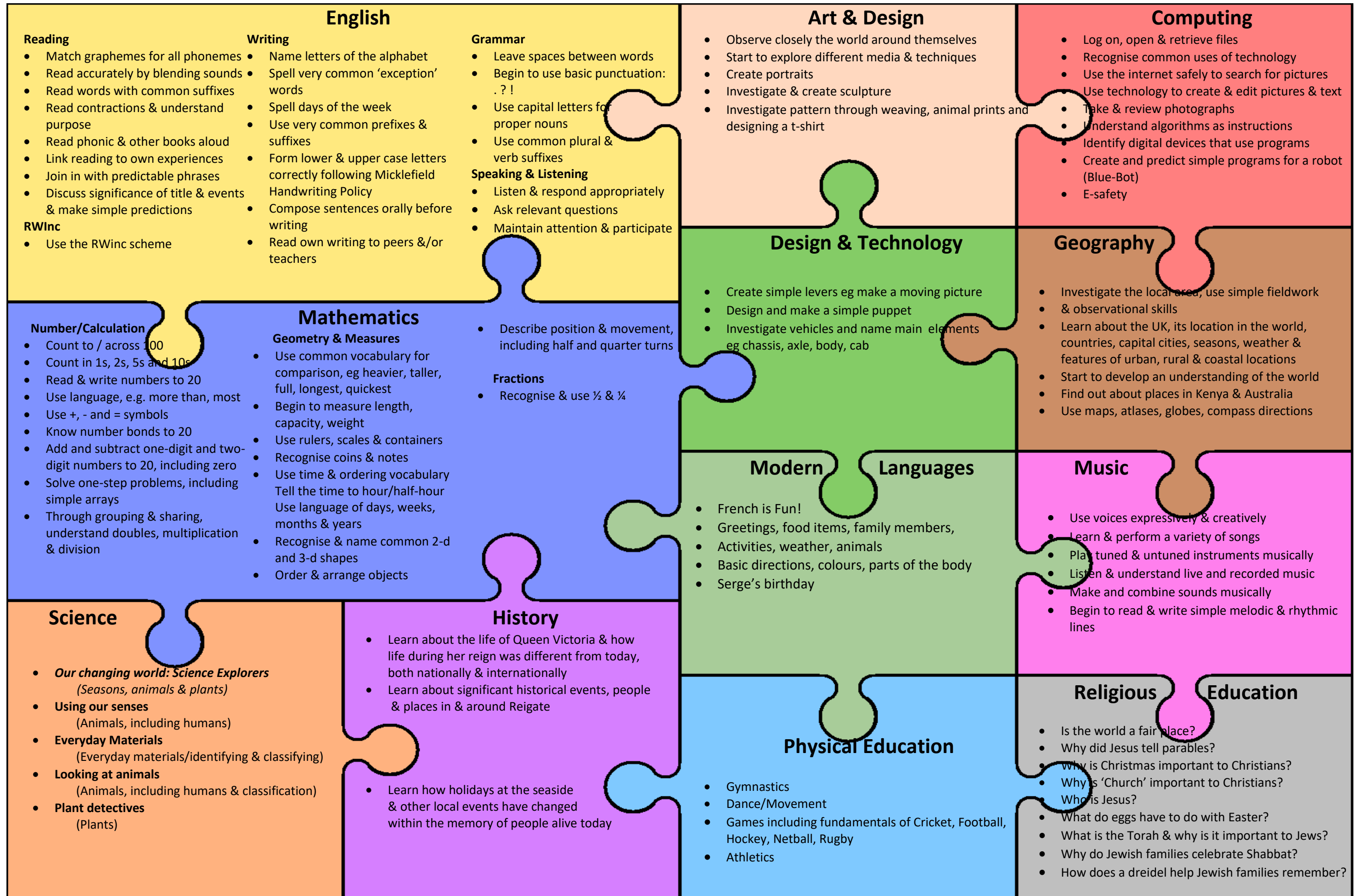


# Micklefield School Curriculum Overview for Year 1 (September 2021 - July 2022)



# Micklefield School Personal, Social, Health & Economic education (PSHE) Overview for Year 1

<b>Year 1 PSHE</b>		
<p><b>Social and Emotional Aspects of Learning (SEAL) themes</b>                      These whole school themes focus on five social and emotional aspects of learning: self-awareness, managing feelings, motivation, empathy and social skills. Aspects of each of the SEAL themes are included within the PSHE topics for each year group.</p> <ul style="list-style-type: none"> <li>•New beginnings</li> <li>•Getting on and falling out / Say no to bullying</li> <li>•Going for goals!</li> <li>•Good to be me</li> <li>•Relationships</li> <li>•Changes</li> </ul>	<p><b>No Outsiders – Everyone Welcome at Micklefield</b></p> <ul style="list-style-type: none"> <li>•Teaching children to respect and accept difference and diversity</li> <li>•Using the Equality Act 2010 (British Law) as a solid foundation</li> <li>•Preparing children for life in Modern Britain and the future</li> <li>•Teaching British Values and linking them in with our special Micklefield Values</li> </ul>	
<p><b>Living in the Wider World</b>                      Citizenship and Culture                      Economic and Financial Wellbeing</p>	<p><b>Relationships</b>                      Healthy Relationships                      Feelings and Emotions</p>	<p><b>Health and Wellbeing</b>                      Keeping Healthy                      Staying Safe</p>
<p>Including learning:                      *about differences and similarities between people                      *about special people and special places                      *how to contribute to the life of the classroom including group and class rules – about right and wrong                      *about the role of money in their lives</p>	<p>Including learning:                      *to talk about feelings and develop communication skills                      *about what fair/unfair and kind/unkind means                      *about what makes them unique                      *about keeping safe                      *about growing and changing                      *the correct names for the main parts of the body                      *about similarities and differences between boys and girls</p>	<p>Including learning:                      *about keeping healthy (physical activity, sleep, rest, healthy food)                      *about personal hygiene                      *about different ways of keeping physically and emotionally safe                      *how to set simple goals</p>